

Hope Community School Menu

Week 1

Monday:	Turkey and cheese rolls or (V) cheese rolls with corn chips and cucumber Fruit and yoghurt
Tuesday:	Chicken pesto pasta or (V) quorn pesto pasta with garlic bread and corn Vanilla sponge with icing
Wednesday:	Meat loaf or (V) quorn meat loaf with cauliflower cheese and broccoli Short bread biscuit
Thursday:	Sausage in a roll or (V) veg sausage in a roll with wedges, cherry tomatoes and cucumber Banana and custard
Friday:	Cod cakes or (V) veg fingers with curly fries and petit pois Hope mess (meringue, cream and fruit)

Week 2

Monday:	Cheese pizza with corn on the cob and baked beans Fresh fruit and yoghurt
Tuesday:	Tomato pasta with garlic bread and carrots Chocolate cookie
Wednesday:	Roast turkey roll or (V) quorn roast with crispy potatoes, swede, Yorkshire pudding and gravy Treacle pudding and custard
Thursday:	Shepherd's pie or (V) vegetable hotpot with mash potato and peas Fruit jelly
Friday:	Cheesy fish finger tacos or (V) vegetable fingers with oven fries and cucumber Vanilla ice cream and topping

Week 3

Monday:	Crumbed vegetable burgers with homemade wedges and snow peas Fruit and yoghurt
Tuesday:	Sausage toad in the hole or (V) vegetable sausage with mash potato, steamed veg and gravy Rice krispie cakes
Wednesday:	Roast lamb or (V) vegetable roast with creamed leeks, cubed potatoes and green beans Apple strudel and custard
Thursday:	Tomato soup with a cheese roll and pasta Vanilla cupcake
Friday:	Scampi or (V) vegetable fingers with chips and peas Rocket iced lolly