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Ash Wednesday-
the start of Lent
Wednesday 6th March
Write or draw a list of 10 things you
are grateful for.

Thursday 7th March
Sit next to someone you don't
normally sit with at lunchtime.

Friday 8th March
Have a book swap in your class.

Let people go ahead of you
all day.

Offer to carry someone else's bag
into school.

Monday 11th March
Start a scrap paper pile
for drawing to save paper.

Tuesday 12th March
Leave an encouraging note
for someone.

Wednesday 13th March
Clear up after someone
else's lunch.

Thursday 14th March
Write a thank you note to the
lunchtime or reception staff.

Friday 15th March
Walk to school or
park your car further away.

Ask your grown-up about their day
on your way home or at teatime.

Find out the names of three people
you haven't met before in school.

Day 13

Monday 18th March

Litter pick around the school.

Day 14

Tuesday 19th March

Leave your grown-up a
surprise note or picture before
you leave
for school.

Day 15
Wednesday 20th March
Try to chat to someone
you haven't spoken
to in a while.

Day 16
Thursday 21st March
Bring in a donation for the
local foodbank from
your cupboard at home.

Day 17
Friday 22nd March
Say thank you to your
teacher
for teaching you.

Congratulate others when
they do well.

Help return lost property to the right owner.

Day 20
Monday 25th March
Leave the classroom as
tidy and clean as you can.

Day 21

Tuesday 26th March

Make a class introduction pack
in case anyone new starts
during the year or for next
year's class.

Day 22
Wednesday 27th March
Give somebody a nice
compliment.

Day 23

Thursday 28th March

Be the first to say sorry.

Day 24

Friday 29th March

Try to find out about what
life is like for children in a
poorer country.

Be brave by trying something
you find hard.

Hold the door open
for someone.

Day 28
Monday 1st April
Say a nice thing about
someone to somebody
else.

Day 28

Tuesday 2nd April

Save energy by turning off
the lights when you leave a
room.

Day 29

Wednesday 3rd April

Follow instructions without complaining.

Day 30
Thursday 4th April
Say thank you to someone
in your class.

Day 31
Friday 5th April
Don't interrupt;
listen carefully instead.

Invite somebody new to join in
with your game.

Try to avoid using any plastic that you throw in the bin, like straws.

Play with a child from
another year group.

Find out how your class could help a local charity.

Find out something new
about somebody.

Give someone a nice surprise.

Talk to people in your class about their favourite thing about school.

Ask how you can help out
at school.

Make posters about your
school values to display.